## Prep Academy Preschool NTI Menu-3 to 5 years old

Student Name: \_\_\_\_\_\_

Day 2: \*Please choose an activity from each subject area below and initial when completed. Menus should be sent back when students return to school.

Literacy *CHOOSE ONE!	Math *CHOOSE ONE!	Fine Motor *CHOOSE ONE!	Gross Motor *CHOOSE ONE!	Social /Social Emotional
				*CHOOSE ONE
Listen to a book together on Storyline Online. Remind children to follow their listening rules. (Listed below)  Storyline Online  https://www.storylineonline.net/	Eat a snack together. Count the amount of snack items. Talk about the concepts more and less. Who has more? How many do you have after you ate a few? Is your cup full or empty now that you have eaten your snack?	Make a rocket together! Use fine motor skills to roll your paper up!	Use the video to help you go on a Bear Hunt with your child! Follow the movements on the screen and talk with your child afterward about the position words you used in the song. (over, under, through)	Dance together! You can go to gonoodle.com or look up "just dance" videos on youtube. One favorite is Pop-See- Ko
	https://video.link/w/Vwqqb	https://youtu.be/IBI3XNvD46o	https://video.link/w/EvMqb	https://video.link/w/3Piqb
Practice saying the alphabet together. Toss a ball back and forth with your child and take turns saying a letter at a time.	Using a standard deck of cards, take out the cards that represent the quantities one to five (you can use 1-10 if they know 1-5). Use them to play games including go fish and memory with your child to help them recognize quantities by sight.	Put salt, sugar or sand on a plate or tray and have your child practice writing letters, numbers and drawing shapes.	See who can stand on one foot the longest. Practice standing with your eyes closed. See how long you can stand without losing your balance. Then, practice walking backward from heel to toe from one piece of furniture to the other.	Have your child name the parts of their body. Have them name their thumb, knee, fingernails, chin, shoulder, chest, elbow, ankle, etc.) Don't just focus on the simple ones like eyes and ears.
READ A BOOK TOGETHER: Title In addition to the above activities, please read together each NTI day. Before reading, remind your child about our listening rules "				
Eyes watching, Ears liste	ening, Voices quiet and Bodies c	alm".		