






Prep Academy Preschool NTI Menu-3 to 5 years old

Student Name: _____

Day 3: *Please choose an activity from each subject area below and initial when completed. Menus should be sent back when students return to school.

Literacy *CHOOSE ONE!	Math *CHOOSE ONE!	Fine Motor *CHOOSE ONE!	Gross Motor *CHOOSE ONE!	Social Emotional *CHOOSE ONE
<p>Learn about words that start with each letter of the alphabet by playing Abby's Sandbox Search</p>  <p>https://www.sesamestreet.org/games</p>	 <p>Explore one of the 9 play activities on the Let's Learn KY website. https://letslearnky.org/count/</p>	<p>Watch the storybots song about the solar system. Then draw a sun and planets. Count how many planets you added to your solar system.</p>  <p>https://video.link/w/tyPqb</p>	<p>Practice naming the parts of your body while doing the video below. Practice identifying other body parts like fingernails, wrist, knuckles, etc.</p>  <p>https://video.link/w/LDNab</p>	<p>Practice Belly Breathing...One of our calm down strategies!</p>  <p>https://video.link/w/VMZtb</p>
<p>Have your child do a "picture walk" through a book with a family member or friend. Let them tell the story using the pictures as clues. Then go back and read the story together!</p>	<p>How many items can you find in our house that are yellow? (or other colors) Have your child help you look for items of different colors inside/outside your home.</p>	<p>Using an old take out container or tupperware, cut a small X in the lid. Give your child a bowl of uncooked rice, beans or anything small. Have them transfer everything from the bowl into the container by pushing it through the X on the lid. To make it even harder, have them use tweezers to pick up the items.</p>	<p>Throw a ball or balloon back and forth with your child. Count how many times you toss it before it drops.</p>	<p>Play a game like Candyland, Go Fish, Old Maid, Chutes and Ladders. Practice taking turns. Have your child use "self talk" to remember the steps for taking a turn.</p>
<p>READ A BOOK TOGETHER: Title _____</p> <p>In addition to the above activities, please read together each NTI day. Before reading, remind your child about our listening rules " Eyes watching, Ears listening, Voices quiet and Bodies calm".</p>				

If you have any questions regarding NTI work, please feel free to contact your student's teacher! ☺