

Prep Academy Preschool NTI Menu-3 to 5 years old

Student Name: _____

Day 2: *Please choose an activity from each subject area below and initial when completed. Menus should be sent back when students return to school.

Literacy *CHOOSE ONE!	Math *CHOOSE ONE!	Fine Motor *CHOOSE ONE!	Gross Motor *CHOOSE ONE!	Social /Social Emotional *CHOOSE ONE
Snowball Throw Alphabet Game Paper, tape, and rolled-up socks or small balls are all you need for this game of "snowball" throwing. Tape a bunch of letters to a wall, call out the sounds, and have your kids throw the snowball at the letter represented. As a bonus, kids get to work on their coordination and alphabet.	Shapes song for kids Practice how well your child knows their shapes...  https://youtu.be/OEbRDtCAFdU?si=aY_hmP59_tpeQJf	Popping Bubbles Just blow some bubbles and have your child visually track them and reach out to grab them before they float away. 	Tooty Ta Dance A Tooty Ta song is super popular children's song and dance. Students engage in fun physical activity while rejuvenating their bodies and brains. Tooty Ta Video	Create an "I can" chart with three circles for your child to color in each time she sleeps in her own bed all night. Encourage progress and discussions about challenges. When the goal becomes routine, set a new goal and create an annual book of your child's accomplishments and growth. 
Letter bingo Make bingo cards with 16 letters on each, and cut into squares and add letters on each. Put squares in a pile for the caller to pull from. For bingo markers, you can use cheerios or anything else you have around.	Pasta Counting Use dry pasta (like penne or spaghetti) to count, group into sets, or create patterns.	Ripping or Crumpling Paper Create a mosaic craft by ripping paper into small pieces/crumbling paper into different-sized crumbles.	Animal Movements Take turns mimicking different animal movements with your child! Whether it's jumping like a frog, flapping like a bird, or stomping like an elephant; get creative and have some fun with these!	You can help children develop self-control with similar, simple, memorable strategies. Help them verbalize both what they can't do and what they can, such as, "When I'm mad, I can't hit my brother, but I can take deep breaths or squeeze my ball." healthy eating, exercise and sleeping.

READ A BOOK TOGETHER: Title _____

In addition to the above activities, please read together each NTI day. Before reading, remind your child about our listening rules " Eyes watching, Ears listening, Voices quiet and Bodies calm".

If you have any questions regarding NTI work, please feel free to contact your student's teacher! ☺