

Prep Academy Preschool NTI Menu-3 to 5 years old

Student Name: _____

Day 3: *Please choose an activity from each subject area below and initial when completed. Menus should be sent back when students return to school.

Literacy *CHOOSE ONE!	Math *CHOOSE ONE!	Fine Motor *CHOOSE ONE!	Gross Motor *CHOOSE ONE!	Social Emotional *CHOOSE ONE
Sing A Song There are several great ABC songs, including the classic, easy-to-follow Alphabet Song. https://youtu.be/6k7QWt2a8gw?si=FhE7fbp06Uc_OJdO 	Sid the Science Kids Sorting Box To access the "Sid the Science Kid Sorting Box" game, utilize the link provided below. Supervise your child as they play and ask guiding questions like, "What belongs in this box?" or "Can you find something that matches this?" After the game, reinforce sorting skills by using household items, like sorting buttons by color, spoons by size, or socks by pattern. www.pbskids.org/sid/games/sorting-box	Snow Paint Use a spray or squeeze bottle, fill it with water and add a few drops of your choice of food coloring. Work with your child(ren) on spraying the color mixture onto the snow. Talk about how the snow is changing colors, while making different lines, shapes, and words. 	Floor is Lava Students follow on-screen instructions and wait for the floor to become "lava." Use this game to get your child moving, and keep playing without the video, adding your own movements! Floor is Lava Video	Emotions are normal for everyone. Sharing your own experiences of feeling scared or upset helps kids understand and manage their emotions. For example, say, "I was nervous before kindergarten, too. What are you feeling nervous about?" 
What Happens Next Pause a story at a key moment and ask children, "What happens next?" This encourages them to use clues from the story to predict future events, helping build imagination.	Measuring Cups Use kitchen measuring cups to teach basic measurement concepts like volume and size. Try pouring water or rice into different sized cups and comparing.	Making Putty Figures Putty great for building hand and finger strength. It can be used in various activities, whether your child is squeezing it to change its shape or using their fingertips to create specific figures. Try rolling balls, making snakes, or hiding small objects like coins or beads inside.	Obstacle Course With the link below, select 3-5 activities that you can incorporate in your home. You can even time your child to see how fast their time can get! Obstacle Course Ideas	Gratitude Circle At dinner or bedtime, take turns sharing one thing you're thankful for. This encourages positive thinking and emotional awareness.

READ A BOOK TOGETHER: Title _____

In addition to the above activities, please read together each NTI day. Before reading, remind your child about our listening rules "Eyes watching, Ears listening, Voices quiet and Bodies calm".

If you have any questions regarding NTI work, please feel free to contact your student's teacher! ☺