## Prep Academy Preschool NTI Menu-3 to 5 years old

Student Name:

Day 4: \*Please choose an activity from each subject area below and initial when completed. Menus should be sent back when students return to school.

Literacy *CHOOSE ONE!	Math *CHOOSE ONE!	Fine Motor *CHOOSE ONE!	Gross Motor *CHOOSE ONE!	Social Emotional *CHOOSE ONE
Have your child pull toys from the classroom toy bin. Ask them to identify it (e.g., "That's a bear, and bear starts with 'B'"). As they get familiar with letters, ask them to find an item starting with a specific letter (e.g., "Find something that begins with 'B'"). Ask about the color or the sound the item makes (e.g., "What color is it?" or "What sound does it make?").	worth (pennies, nickels, dimes and quarters).	Threading and Lacing Slowly thread laces through the beads, your child will be boosting muscle memory, which will make similar everyday tasks easier to complete.	Do the Bear Walk  Do the Bear Walk is a song to help children with their Gross motor skills, Balance, Coordination and Self-Regulation in the classroom. It's a super fun dance tune that will have the kids up and moving to get them ready to learn.	We often think about special surprises for holidays, birthdays and celebrations. But it can be fun to look for surprises all year long! In this activity, look at things in a new way and see what unexpected things you can find. Because remember, "You can find surprises wherever you are!" Scan the QR Code and follow the steps!
Play I Spy Play I spy, and say, "I spy with my little eye, something that begins with a 'B'." Then see if your child can identify the object. They'll likely miss and grab something that begins with a different letter, and that's OK.	Shoe Size Comparison Gather shoes of different sizes and compare the lengths. Practice counting the number of shoes, and arrange them from smallest to largest.	Sorting Coins or Beads For this activity, place coins or multi-colored beads in a container, box, or on a table, and have your child sort them by coin type or color. Ice cube trays are excellent for sorting these items.	Read and Move with Elmo As you read the story together, invite kids to stand up and move along with each Muppet. Read and Move	Calm Down Jar Make a simple "calm down" jar by shaking a jar with glitter and water. When your child feels upset, shake the jar and watch the glitter settle to promote relaxation.

In addition to the above activities, please read together each NTI day. Before reading, remind your child about our listening rules "Eyes watching, Ears listening, Voices quiet and Bodies calm".