

# Prep Academy Preschool NTI Menu-3 to 5 years old

Student Name: \_\_\_\_\_

**Day 5:** \*Please choose an activity from each subject area below and initial when completed. Menus should be sent back when students return to school.

| Literacy<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                                               | Math<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                                                                                                                       | Fine Motor<br>*CHOOSE ONE!                                                                                                                                                                                                                           | Gross Motor<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                 | Social Emotional<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
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|  <p><b>Letter Tile Name Game</b><br/>Give your child a set of letter tiles and guide them in assembling the letters to form their names. Encourage them to say each letter aloud as they place it, reinforcing both visual and auditory learning.</p> | <p><b>Ten Little Snails</b><br/>Ten little snails prepare for a party, practicing counting from 11 to 20 as they gather supplies. The story's beautiful illustrations and slow pace make it engaging for kids.</p>  <p><a href="http://www.education.com/game/snail-chores/">www.education.com/game/snail-chores/</a></p> | <p><b>Building with Blocks</b><br/>Give your child a pile of building blocks and let them create towers, houses, or bridges—it's like being a mini architect.</p>  | <p><b>Stomp and Clap Song</b><br/>Dance and sing-along with The Kiboomers! Let's get ready to stomp, clap and dance. Here is a fun new action song for kids. This Stomp Clap and Dance video is a great preschool movement song for any circle time, or a brain break activity in the classroom. Enjoy!</p> | <p><b>The Affirmation Song</b><br/>Watch "The Affirmations Song" with your child using the link below. Be enthusiastic by singing, clapping, or dancing along to make it fun. After the video, talk about how affirmations can be used daily. Ask, "What can we say to feel brave or happy?" This encourages positive self-talk and builds confidence.<br/><a href="#">The Affirmations Song   FULL SONG   Doggyland Kids Songs &amp; Nursery Rhymes by Snoop Dogg - YouTube</a></p>  |
| <p><b>Letter Tracing</b><br/>Demonstrate how to trace a letter, say the letter name/sound. Have the child trace/say the letters. Have children trace letters in sand/salt trays or with finger paints.</p>                                                                                                                             | <p><b>Sock Sorting</b><br/>Use different colored socks to practice sorting by color or size. This helps with categorization and pattern recognition.</p>                                                                                                                                                                                                                                                   | <p><b>Tying Shoelaces</b><br/>Teach your child to tie their own shoes using laces. This develops dexterity and independence.</p>                                                                                                                     | <p><b>Dance Party</b><br/>Put on some music and have a dance party! Encourage your child to move their body in different ways—twirl, hop, or stomp to the beat.</p>                                                                                                                                         | <p><b>Affirmation Board</b><br/>Develop affirmations ex "I am smart" to post in your child's room or the bathroom to remind them every day.</p>                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <p><b>READ A BOOK TOGETHER:</b> Title _____</p> <p>In addition to the above activities, please read together each NTI day. Before reading, remind your child about our listening rules: "Eyes watching, Ears listening, Voices quiet and Bodies calm".</p>                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |

If you have any questions regarding NTI work, please feel free to contact your student's teacher! ☺