

Prep Academy Preschool NTI Menu-3 to 5 years old

Student Name: _____

Day 6: *Please choose an activity from each subject area below and initial when completed. Menus should be sent back when students return to school.

Literacy *CHOOSE ONE!	Math *CHOOSE ONE!	Fine Motor *CHOOSE ONE!	Gross Motor *CHOOSE ONE!	Social Emotional *CHOOSE ONE
Write 4 phonemes (letter sounds) on cards and cut them out. Gather small items from around the house that begin with those sounds. Mix up the items and place them in front of baskets. Have your child sort the items into the baskets based on their starting sound. Adjust the phonemes to focus on the sounds your child needs help with. 	Oscar's adventurous Uncle Harold has returned from a trip. In this geometry story, kids review basic shapes in a real-world context as Oscar's little shapeshifter transforms into a square, rectangle, circle, oval, and more. www.education.com/games/the-shapeshifter	Peel a Banana This is a great fruit to peel. It will teach your kiddo to not push too hard with the hand holding	Conga Line Sing along and learn with The Kiboomers! It's the Conga Line dance song for kids. This fun action song is perfect for any dance party for children. Get ready to shake, shake, shake! Just follow the actions in the video, and you'll be dancing along in no time. Conga Line Dance	Children benefit from practicing decision-making and sharing ideas. Discussing their ideal school day routine, including what they'd do first in the morning and new responsibilities they want to take on helps establish positive routines. This supports behavior, smooths school transitions, reduces power struggles, and strengthens the parent-child bond.
Book Handling Skills Talk about the parts of a book; front cover, back cover, spine, and pages. Point out the title, author, and illustrator. Encourage children to practice holding and "reading" books, turning pages and noticing book features.	Shape Hunt Go on a scavenger hunt around the house to find objects in different shapes (e.g., square boxes, round plates, etc.).	Assembling Puzzles with Small Pieces Work together on puzzles with small pieces to help your child strengthen hand-eye coordination and problem-solving skills.	Simon Says Take turns being Simon with your child, and have everyone do various movements such as jumping on one leg, touching your toes, or spinning.	Expressing Emotions with Art Encourage your child to draw pictures of how they feel. This provides an outlet for emotional expression and helps develop emotional vocabulary.
READ A BOOK TOGETHER: Title _____ In addition to the above activities, please read together each NTI day. Before reading, remind your child about our listening rules "Eyes watching, Ears listening, Voices quiet and Bodies calm".				

If you have any questions regarding NTI work, please feel free to contact your student's teacher! ☺