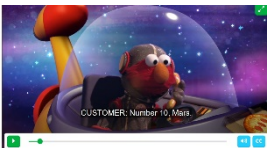


Prep Academy Preschool NTI Menu-3 to 5 years old

Student Name: _____

Day 7: Please choose an activity from each subject area below and initial when completed. Menus should be sent back when students return to school.

Literacy *CHOOSE ONE!	Math *CHOOSE ONE!	Fine Motor *CHOOSE ONE!	Gross Motor *CHOOSE ONE!	Social Emotional *CHOOSE ONE
Silly Syllables Say a word aloud, breaking it into syllables (e.g., "ba-na-na"). Then, repeat the word together, clapping for each syllable. Count how many syllables are in the word. Try this with more words and encourage your child to say the words and clap the syllables on their own.	Number 10 Pizza Watch the "Number 10 Pizza" video with your child and encourage them to count to ten along with the video. Afterward, practice counting to ten (or higher) using items around the house, like toys, books or kitchen utensils.  www.sesamestreet.org/videos?vid=1819&desination=/parents/learning-areas	Pull apart cotton balls Try and pull cotton balls apart so that they become like clouds. The trick is to pinch just a little bit. Kiddos like to pinch bigger portions which makes it harder to pull apart.	Dinosaur Stomp Here's a super energy dance song for kids.  Dinosaur Stomp	Snowman Emotions Assist your child in naming multiple emotions. Have your child take the opportunity to draw snowmen and give the snowmen each of the emotions. 
How is Your Day Talk about daily routines to help your child practice language skills. While eating an apple, ask your child to describe color, feels or tastes. In the car, ask them to describe what they see outside the window.	Plastic Spoon Patterns Lay out plastic spoons or other utensils to make repeating patterns (e.g., spoon, fork, spoon, fork) and ask your child to continue the pattern.	Making Paper Chains Cut paper into strips and have your child glue them together to make paper chains. This works on hand-eye coordination and precision.	Across the Pond Find different pillows and other household objects on the floor and have your child jump across. You can even have them go backwards to keep things interesting!	Calm Down Corner Create a "peaceful spot" in the house where your child can go when they need to calm down. Teach them to take deep breaths and relax in their special spot.

READ A BOOK TOGETHER: Title _____
 In addition to the above activities, please read together each NTI day. Before reading, remind your child about our listening rules "Eyes watching, Ears listening, Voices quiet and Bodies calm".

If you have any questions regarding NTI work, please feel free to contact your student's teacher! ☺