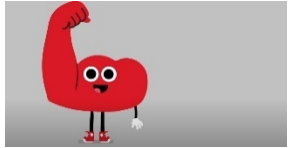


# Prep Academy Preschool NTI Menu-3 to 5 years old

Student Name: \_\_\_\_\_

**Day 9:** Please choose an activity from each subject area below and initial when completed. Menus should be sent back when students return to school.

| Literacy<br>*CHOOSE ONE!                                                                                                                                                                                           | Math<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                            | Fine Motor<br>*CHOOSE ONE!                                                                                                                                                                                                                     | Gross Motor<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                                                                                                                                                                        | Social emotional<br>*CHOOSE ONE                                                                                                                                                                                                                                                                                                                                                                                                                        |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Spontaneous Stories</b><br>Gather toys and ask the child to pick a toy, ask them to come up with a brief story about the object. Creative storytelling is an important component of literacy development.       | <b>Fuzz Bugs Patterns</b><br>Practice patterns with fuzz bugs. Drag the fuzz bugs (color) to its correct position.<br><a href="https://www.abcy.com/games/fuzz_bugs_pattern">https://www.abcy.com/games/fuzz_bugs_pattern</a>  | <b>Buttoning Activity</b><br>Bring one of your dress shirts to your child and have them button and unbutton the shirt to see how quickly they can do it!<br> | <b>Let's go swimming</b><br>Watch the "The Goldfish" song linked below with your child. Encourage your child to sing along and participate in the dance movements. Join in the fun by doing the actions together to make it a lively and engaging activity!<br><a href="https://youtu.be/Cq-wnQKRHTs?si=WeN3yeVFMj7qtS7I">https://youtu.be/Cq-wnQKRHTs?si=WeN3yeVFMj7qtS7I</a>  | Watch the "Kindness is a Muscle" video linked below with your child. Afterward, discuss how kindness helps others and how they can show kindness every day. Ask your child, "What are some ways we can be kind to our friends or family today?"<br><a href="https://youtu.be/BXAO_5voOP0?si=4sLEU9fpCVGCEf9J">https://youtu.be/BXAO_5voOP0?si=4sLEU9fpCVGCEf9J</a>  |
| <b>Alphabet Rocks</b><br>Write an uppercase letter on one side of a rock and the lowercase letter on the other side. Add all of the letters of the alphabet on a set of rocks. Ask your child to name that letter. | <b>Kitchen Timer Race</b><br>Use a kitchen timer to time how fast your child can complete simple tasks, like picking up toys or stacking cups. This helps with number recognition and the concept of time.                                                                                                      | <b>Finger Painting</b><br>Use this activity to allow your child to get creative and messy! See how many shapes they can paint or help them write their name!                                                                                   | <b>Jumping Over Objects</b><br>Set up soft pillows or toys on the floor and have your child jump over them. This helps develop leg strength and agility.                                                                                                                                                                                                                                                                                                           | <b>Kindness Rocks</b><br>Paint small rocks with messages of kindness and leave them around the house. Talk about the meaning behind each message.                                                                                                                                                                                                                                                                                                      |

**READ A BOOK TOGETHER:** Title \_\_\_\_\_

In addition to the above activities, please read together each NTI day. Before reading, remind your child about our listening rules " Eyes watching, Ears listening, Voices quiet and Bodies calm".

If you have any questions regarding NTI work, please feel free to contact your student's teacher! ☺