

Prep Academy Preschool NTI Menu-3 to 5 years old

Student Name: _____

Day 10: Please choose an activity from each subject area below and initial when completed. Menus should be sent back when students return to school.

Literacy *CHOOSE ONE!	Math *CHOOSE ONE!	Fine Motor *CHOOSE ONE!	Gross Motor *CHOOSE ONE!	Social Emotional *CHOOSE ONE
Storytelling with Props Read the picture book aloud and discuss the main characters, events, and setting. Introduce props and explain their connection to the story. Have children take turns retelling the story using the props, encouraging them to use story language and include key details.	Groovy day (counting by 2s) Let's learn how to skip count by 2s from 2-20. https://www.youtube.com/watch?v=qn5LxbYc9GI 	Using painters' tape, make an obstacle course, roadway for toy cars, letters and numbers Have your kiddos pull the tape while you hold the roll. This is also a great way to have a kiddo walk backwards. When they are done with the activity, have them peel the tape off the floor and make it into sticky balls by squeezing the tape pieces together. 	Gracie's Corner Workout Song The Workout Song is a fun way to get kids excited about exercising. Promoting healthy living is definitely great for children. Join Gracie and her friends as they help kids get fit with the Workout Song! Workout Song	I'm the boss of my body Watch the "I'm the Boss of My Body" video linked below with your child. Afterward, discuss the importance of setting and respecting boundaries. Ask your child, "How can we make sure we respect each other's space and feelings?" https://youtu.be/EPgUKVAYAJc?si=9-oUK1PsYGKiBa7q 
PBS Kids KET Literacy https://pbskids.org/games/reading 	Math Song and Dance Create a song with simple math facts (like counting from 1 to 10, or counting by twos) and incorporate movements like jumping or clapping along with the numbers. This combines physical activity with math learning.	Pipette Water Transfer Use a pipette or eye dropper to transfer water from one container to another. This helps build hand strength and fine motor control.	Stomp Your Feet to the Beat Put on music and stomp your feet in time with the rhythm. Helps with coordination and movement timing.	Hug or High-Five? Teach your child to ask for a hug or high-five when they need comfort or to celebrate something. This helps them identify their needs and boundaries.

READ A BOOK TOGETHER: Title _____
In addition to the above activities, please read together each NTI day. Before reading, remind your child about our listening rules " Eyes watching, Ears listening, Voices quiet and Bodies calm".

If you have any questions regarding NTI work, please feel free to contact your student's teacher! ☺