

Prep Academy NTI Menu

Infant

Student Name _____ Parent / Family Name _____

Center _____ Date _____ Time Taken to Complete _____

DAY 1

Please choose one activity, circle which one you completed, and sign when completed.
Menus should be sent back when students return to school.

SCHOOL READINESS GOAL
Children will demonstrate control, strength, and coordination of large muscles.



TUMMY-TIME TREASURE

Place your infant on their tummy on a blanket. Put a favorite toy just within reach. Encourage reaching, lifting their head, or turning toward the toy. Celebrate every movement.



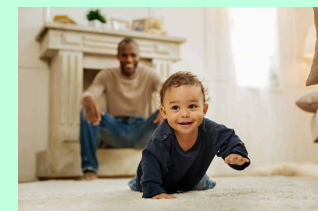
ROLL TO ME

Lie beside your infant on the floor. Hold a soft toy to one side and slowly move it across their view. Encourage them to turn, reach, or roll toward it.



BABY BICYCLE

Lay your infant on their back. Gently move their legs like bicycle pedals while saying, "Pedal, pedal, stop!" Pause and watch for kicks, smiles, or sounds.



CRAWL-THROUGH PATH

Make a short path with pillows or rolled towels. Stay beside your infant as they scoot or crawl around them toward you. Remove any item that could cover the face.



READ A BOOK TOGETHER

Title _____

In addition to the above activities, please read together each NTI day.

PARENT SIGNATURE



If you have any questions regarding NTI work, please feel free to contact your student's teacher.