

# Prep Academy NTI Menu

## Infant

Student Name \_\_\_\_\_ Parent / Family Name \_\_\_\_\_

Center \_\_\_\_\_ Date \_\_\_\_\_ Time Taken to Complete \_\_\_\_\_

### DAY 3

Please choose one activity, circle which one you completed, and sign when completed.  
**Menus should be sent back when students return to school.**

**SCHOOL READINESS GOAL**  
Children and families will practice healthy and safe habits.



#### WASH, WASH, WASH

Wash your hands and your infant's hands together. Describe each step: water, soap, rub, rinse, and dry. Sing a short handwashing song while you practice.



#### HEALTHY FOOD TALK

During feeding time, name the infant-safe foods your child is eating. Describe the color, smell, and texture. Follow your child's feeding plan and watch for hunger or fullness cues.



#### WARM AND COZY CHECK

Before going outside, talk through getting dressed for the weather. Name each safe clothing item as you put it on: socks, coat, or hat. Check that your infant is comfortable.



#### SAFE SPACE SEARCH

Carry your infant around one room and point out safe choices, such as covered outlets and toys off the floor path. Move one unsafe item together while explaining, "We keep you safe."



### READ A BOOK TOGETHER

Title \_\_\_\_\_

In addition to the above activities, please read together each NTI day.

### PARENT SIGNATURE



If you have any questions regarding NTI work, please feel free to contact your student's teacher.