

# Prep Academy NTI Menu

## Preschool Age

Student Name \_\_\_\_\_ Parent / Family Name \_\_\_\_\_

Center \_\_\_\_\_ Date \_\_\_\_\_ Time Taken to Complete \_\_\_\_\_

### DAY 2

Please choose one activity, circle which one you completed, and sign when completed.  
**Menus should be sent back when students return to school.**

### SCHOOL READINESS GOAL

Children will demonstrate control, strength, and coordination of large muscles.



#### FREEZE DANCE

Play music and encourage your child to stand like a statue when the music stops.



#### ANIMAL WALKS

Pretend to waddle like ducks, stomp like elephants, or crawl like crabs and bears.



#### KEEP YOUR BALANCE

Tape paths on the floor and encourage your child to jump over, walk backwards on, or use as a balance beam.



#### DANCE PARTY

Turn on music that your child enjoys and have a dance party.



### READ A BOOK TOGETHER

Title \_\_\_\_\_

In addition to the above activities, please read together each NTI day.

### PARENT SIGNATURE



If you have any questions regarding NTI work, please feel free to contact your student's teacher.