

Prep Academy NTI Menu

Preschool Age

Student Name _____ Parent / Family Name _____

Center _____ Date _____ Time Taken to Complete _____

DAY 5

Please choose one activity, circle which one you completed, and sign when completed.
Menus should be sent back when students return to school.

SCHOOL READINESS GOAL

Children will develop and demonstrate the ability to recognize the emotions of others and how to respond positively.



EMOTION MATCHING GAME

Look at pictures of people showing different facial expressions. Ask your child to name the emotion and explain why they think a person feels that way.



KINDNESS CHALLENGE

Encourage your child to complete one act of kindness with a family member. Examples: give a hug, share a toy, help clean up, say something nice.



MAKE A FEELINGS FACE

Draw different facial expressions and talk about what emotion each face shows and what might make someone feel that way.



PICTURE TALK

Look at family photos or magazine pictures. Ask your child questions such as "what do you see?", "what are they doing?", "how do you think they feel?"



READ A BOOK TOGETHER

Title _____

In addition to the above activities, please read together each NTI day.

PARENT SIGNATURE



If you have any questions regarding NTI work, please feel free to contact your student's teacher.