

Prep Academy NTI Menu

Preschool Age

Student Name _____ Parent / Family Name _____

Center _____ Date _____ Time Taken to Complete _____

DAY 6

Please choose one activity, circle which one you completed, and sign when completed.

Menus should be sent back when students return to school.

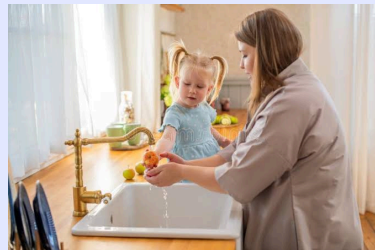
SCHOOL READINESS GOAL

Children and families will practice healthy and safe habits.



HANDWASHING PRACTICE

Sing a 20 second song while washing hands. Practice washing hands before meals, after using the bathroom, and after playing outside.



HEALTHY SNACK HELPER

Let your child help wash fruits and vegetables. Talk about how healthy foods help our bodies grow strong.



BRUSH, BRUSH, BRUSH

Brush teeth together for two minutes in the morning and before bed. Let your child practice brushing while you supervise.



SAFETY SCAVENGER HUNT

Search for safety items around the house. These may include smoke detectors, a first aid kit, cabinet locks, seat belts, or a bicycle helmet. Make a list and check off what you find.



READ A BOOK TOGETHER

Title _____

In addition to the above activities, please read together each NTI day.

PARENT SIGNATURE



If you have any questions regarding NTI work, please feel free to contact your student's teacher.