

Prep Academy NTI Menu

Preschool Age

Student Name _____ Parent / Family Name _____

Center _____ Date _____ Time Taken to Complete _____

DAY 9

Please choose one activity, circle which one you completed, and sign when completed.

Menus should be sent back when students return to school.

SCHOOL READINESS GOAL

Children will be able to verbally/non-verbally express their wants and needs.



MEAL TIME REQUESTS

Encourage your child to communicate what they want during meal times (examples: "I would like more", "I am finished", "Can I have a drink?") Support children who use gestures or signs to communicate.



FEELINGS CHECK-IN

At breakfast, dinner, or bedtime ask your child "how are you feeling today?", "what made you happy?", "is there something you need?"



CHOICE MAKING ACTIVITIES

Offer your child choices throughout the day. Examples: "Would you like milk or water?" "Would you like to play with blocks or read a book?" Encourage children to answer using words, pointing, gestures, or facial expressions.



CREATE A COMMUNICATION BOARD

Make a simple board with pictures or words for help, more, all done, snack, drink, bathroom, play, quiet time.



READ A BOOK TOGETHER

Title _____

In addition to the above activities, please read together each NTI day.

PARENT SIGNATURE



If you have any questions regarding NTI work, please feel free to contact your student's teacher.