

Prep Academy NTI Menu

Toddler

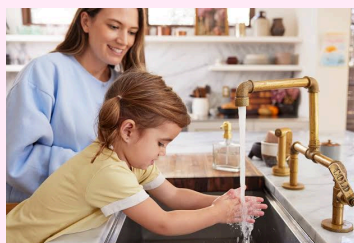
Student Name _____ Parent / Family Name _____

Center _____ Date _____ Time Taken to Complete _____

DAY 3

Please choose one activity, circle which one you completed, and sign when completed.
Menus should be sent back when students return to school.

SCHOOL READINESS GOAL
Children and families will practice healthy and safe habits.



Practice washing hands with soap and water while singing a 20-second song multiple times a day.



Do a fruit and vegetable taste test with your child. Let your toddler explore different fruits and vegetables through tasting, smelling, and touching.



Practice toothbrushing by using a large model or stuffed animal to demonstrate brushing teeth, then let children practice with toothbrushes.



Use movement time to dance, stretch, or complete a simple obstacle course to promote daily physical activity.



READ A BOOK TOGETHER

Title _____

In addition to the above activities, please read together each NTI day.

PARENT SIGNATURE



If you have any questions regarding NTI work, please feel free to contact your student's teacher.